



# Sexualities and Dementia

Presented by:

**Dr Cindy Jones** (pictured top right)  
Assistant Professor of Behavioural Science  
Faculty of Health Science, Bond University

## Workshop Overview:

Sexual expression is a part of life no matter what age we are and therefore older people living with dementia also need to be considered. In an aged care context, this can be a confronting and challenging issue for service providers and health professionals.

Responses can be reactive rather than proactive, with many staff not knowing what to do. There are beliefs that older people are asexual, and that sexual needs and behaviour is only for those who are "cognitively intact". There can also be a lack of regard for non-heterosexual people living with dementia.

There is no singular orthodox approach in responding to sexual behaviour in people living with dementia. However, we should empower them in their own decision-making process as much as possible. This workshop aims to increase awareness and understanding of sexuality among people living with dementia.

## This workshop will:

- Focus on building workforce capacity in understanding the concepts of intimacy, sexuality and sexual behaviours, and expression of various types of sexuality (i.e. heterosexual and LGBTI)
- Discuss the benefits and barriers to expression of sexuality
- Consider the roles and responsibilities of health care professionals, and ethical considerations.

## Program:

Please refer to page two of this flyer for the workshop program.

## Event Details

**Cost:** Funded by the Australian Government

**Refreshments:** Morning tea and lunch will be provided

**Date:** Thursday 7 March 2019

**Time:** 9:00am to 4:00pm  
(sign-in from 8:30am)

**Venue:** The Novotel Surfers Paradise Hotel  
3105 Surfers Paradise Boulevard  
Surfers Paradise  
QLD, 4217

## Who should attend?

Nursing and allied health staff caring for people living with dementia in residential aged care

## Registration is essential

Click this link to register  
<https://register.eventarc.com/42145/7March>

Registration closes  
**Thursday 21 February 12 pm**

**Contact:**  
[dta@qut.edu.au](mailto:dta@qut.edu.au)  
07 3138 3822

For more information on DTA  
visit <https://www.dta.com.au/>





## Workshop Program

8:30am – 9:00am	Sign-in
9:00am – 10:30am	<p><b>Workshop Objectives:</b> <i>Dr Cindy Jones, Bond University</i></p> <p><b>Module A – Intimacy, sexuality and sexual behaviour</b></p> <p><i>Unit 1: Defining intimacy, sexuality and their significance to wellbeing</i> <i>Unit 2: Expression of intimacy and sexuality</i> <i>Unit 3: Barriers to the expression of sexuality in care settings</i></p>
10:30am – 10:50am	Morning Tea (20 mins)
10:50am – 12:50pm	<p><b>Module B – Dementia and the expression of sexuality</b></p> <p><i>Unit 1: Sexuality and dementia in care settings</i> <i>Unit 2: Caregiver roles and responsibilities in the expression of sexuality by people living with dementia</i></p>
12:50pm – 1:30pm	Lunch (40 mins)
1:30pm – 2:45pm	<b>Module C – Ethical considerations: policy/guidelines development for sexuality and dementia in care settings</b>
2:45pm – 3:00pm	Afternoon Tea (15 mins)
3:00pm – 4:00pm	<p><b>Module C – Ethical considerations: policy/guidelines development for sexuality and dementia in care settings (continued)</b></p> <p>Questions and answers</p> <p>Conclusion</p> <p>Evaluations</p>
4:00pm	Close